



Health & Wellness – HIV & AIDS

Course Outline

All organisations firmly believe that a healthy workforce leads to a more productive workforce. This course seeks to equip the participants with key information in health and wellness, focusing particularly on HIV and AIDS. The participant will learn to make informed decisions and the company will be able to reduce absenteeism due to HIV and AIDS, increase productivity and profit, and retain and develop a healthier workforce. The course targets all employees, regardless of background and position.

Course Overview:

The course is based upon participant learning the following;

- Demonstrate knowledge of HIV and AIDS

The course is given over one day. The participant will receive seminars and will spend time on individual or group assignments and studies.

Learning Objectives

The course gives a foundation certificate and as such will focus on generic and underpinning knowledge and skills. After completion of the course the participant should be able to:

- Demonstrate knowledge of HIV/AIDS
- Demonstrate knowledge of personal precautions to reduce the risk and spread of infection
- Demonstrate knowledge of dealing with an HIV/AIDS infected or affected person
- Demonstrate knowledge of HIV/AIDS in the workplace
- Demonstrate knowledge of health and wellness and its relation to HIV and AIDS

Progression pathways/continuing education

After completion of the course the participants will be able to enrol in 'Health & Wellness Level 2'.

